



Apex Harmony Lodge

Empowering Lives Affected by Dementia

Compassion • Accountability • Respect • Excellence

ANNUAL REPORT 2025





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Compassion • Accountability • Respect • Excellence

Apex Harmony Lodge (the Lodge) is the first and only purpose-built healthcare facility in Singapore for dementia care. We have been providing long-term residential care in our nursing home for persons living with dementia since 1999.

Society Registration Number:	ROS 305/94 WEL
Unique Entity Number:	S95SS0086F
Charity Registration Number:	1270
Registered Address:	10 Pasir Ris Walk, Singapore 518240
Auditor:	Baker Tilly TFW LLP
	DBS Bank Singapore
Bankers:	Bank of East Asia
	United Overseas Bank

Hands of Comfort

The artwork on the cover page, created for the Alzheimer's Action Day celebration in September 2025, now welcomes all at the entrance of Apex Harmony Lodge. The grass, pressed by the hands of our clinical and corporate staff, lays the foundation that sustains our vision of empowering lives affected by dementia. The tree, with its canopy of leaves formed by our residents, symbolises growth and vitality. The flowers, thumb-printed in seven vibrant colours by allied health staff, reflect our seven Homes. The butterfly represents hope and possibilities. Together, they stand as a living model of a community and shared care — bringing to life our mission to create safe, nurturing, and engaging environments that enable persons living with dementia to experience wellbeing in ways that truly matter to them.

All artwork featured in this report was created by residents of Apex Harmony Lodge.

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Message from the Chairperson

Stewarding Change with Purpose

2025 marks a year of transition and renewal for Apex Harmony Lodge. As we reflect on the year past, we do so with gratitude for the leadership that has shaped our journey and with confidence in the direction ahead. Throughout this period of change, our commitment has remained steady: to create safe and engaging environments that enable persons living with dementia to experience wellbeing in ways that matter to them. We are pleased that the Lodge maintained high standards of care, reflected in improved clinical outcomes and strong resident satisfaction scores.

Celebrating Enduring Contributions

We honour the service and legacy of our former Chief Executive Officer, Ms Soh Mee Choo. Over the past 12 years, Ms Soh has guided the Lodge with conviction and purpose. Drawing on her background as an educator, she fostered a culture grounded in structure and continuous learning. Under her stewardship, Apex Harmony Lodge strengthened and consolidated its three Models of Care — ensuring that residents receive support calibrated to their needs while preserving independence wherever possible. She championed person-centred and ability-focused practices, and advanced the Lodge's signature Therapeutic Through Work programme, which has been featured in national media.^{1,2} Ms Soh also strengthened partnerships across the community, arts, and education sectors, expanding avenues for residents to connect, contribute, and participate meaningfully. We express our sincere appreciation to Ms Soh for her years of dedicated service and for the essential Lodge foundations she leaves behind.

Continuity in Leadership

At the same time, we welcome Dr Daphne Yee as the Lodge's new Chief Executive Officer. Dr Yee brings over two decades of clinical and academic experience, having served as a hospital-based medical specialist with leadership roles spanning clinical services, medical education, and institutional governance. Her work in Singapore and internationally has shaped her perspective on healthcare systems, complexity, and multidisciplinary collaboration. Dr Yee has held senior appointments and served as Chief of Division, member of Executive Committees, advisor on boards and medical affairs, Associate Dean, and Associate Professor at NUS Yong Loo Ling School of Medicine. Training in medicine and research at McGill University, and an Executive MBA from INSEAD equips Dr Yee with both the clinical depth and strategic insight to guide the Lodge through an increasingly complex care environment.

Entering the Next Chapter

Dr Yee assumes leadership at a time when the needs of persons affected by dementia are evolving. Building on the Lodge's person- and ability-centred foundations, she will strengthen our focus on clinical outcomes, integrated practices, staff development, and operational sustainability. Her approach affirms that excellence in dementia care requires both compassion and rigour — systems that are safe and resilient, and relationships that preserve dignity and meaning. As we enter this next phase, the Lodge does so on steady ground — supported by dedicated staff, committed volunteers, trusted partners, and generous supporters. On behalf of the Management Committee, I extend our appreciation to all who have journeyed with us through this year of transition. Together, we look ahead with steadiness and resolve, committed to the responsibilities entrusted to us.

Mr Gan Boon Jin



Artwork by
Mdm New Wah Lee

¹ CNA Dementia patients get therapy through work-based activities
² ST Dignity and purpose: What having a job means for those with dementia

Message from the Chief Executive Officer

Navigating Change

The dementia care landscape is evolving. Individuals are living longer, often with greater clinical complexity, and families are supporting loved ones over extended caregiving journeys. The number of people living with dementia in Singapore is projected to increase from 74,000 in 2023 to 152,000 by 2030, with a growing proportion of young-onset cases. At the same time, advancements in technology are reshaping what is possible in care delivery. Against this backdrop, the Lodge must continue to adapt in thoughtful and deliberate ways in order to meet the changing needs of residents, families, and the broader community.

Our Strategic Roadmap

The Lodge has adopted a phased roadmap to guide our development over the next five years. The past year focused on realignment — strengthening established foundations and reviewing existing practices to ensure they remain aligned with emerging care needs. This period also included a refresh of the Lodge's brand — introducing a renewed logo, vision, mission, care values, and strategic pillars. The year ahead will centre on recalibration — further developing systems and organisational capabilities to support residents care more effectively. In 2027, we will enter a phase of renewal, with targeted environmental enhancements designed to better support residents, next of kin, and staff. By 2030, these efforts will culminate in a Lodge that is future-ready — equipped to enable ageing in place for residents with increasingly complex needs.

Three Strategic Pillars

Our work in 2026 will be guided by three strategic pillars that shape both our immediate priorities and longer-term direction.

The first, Advancing Care and Engagement focuses on improving health, functional abilities, wellbeing, and overall quality of life. Living well care plans are designed to be safe, evidence-based, and responsive to each resident's personal history, preferences, and abilities. Our programmes remain anchored in person-centred and strength-focused principles, incorporating holistic care approaches, cognitive stimulation, and personalised rehabilitation to support purposeful engagement.

The second, Cultivating Capability, Culture and Community, empowers our workforce — developing skills and leadership, fostering a supportive learning environment, and upholding a culture of excellence. We prioritise staff wellbeing, growth, and retention to build resilient, high-performing teams. Strategic partnerships and volunteer initiatives continue to support resident-centred programmes, pilot innovative research, and strengthen the Lodge's long-term sustainability.

The third, Strengthening Systems & Stewardship, ensures that our infrastructure, processes, and financial stewardship remain strong and sustainable. Streamlined workflows and innovative digital systems support clinical excellence and staff effectiveness, while targeted funding initiatives and grant collaborations strengthen the Lodge's long-term programme and financial sustainability.

Looking Ahead

Together, these pillars reinforce one another — empowering our people, advancing resident care, and ensuring that the Lodge remains resilient and sustainable. With the support of the Management Committee, our staff, volunteers, and partners, we proceed with both humility and determination. Anchored in our CARE values — compassion, accountability, respect, and excellence — we focus on enhancing resident wellbeing, investing in our staff, and fortifying the Lodge's capacity to respond effectively to the evolving needs of those we serve.

Dr Daphne Yee



Artwork by
Mdm Teo Chwee Eng

Our Compass Forward

VISION

To be a living model of a community empowering lives affected by dementia.

MISSION

We create safe, nurturing, and engaging environments that enable persons living with dementia to experience wellbeing in ways that matter to them.

Artwork by
Mdm Chow Chuen Hoe

CARE VALUES

Our CARE values guide not only our culture, but our clinical and operational decisions.

C COMPASSION

- We practice kindness, empathy, and patience
- We embrace person-centred & ability-focused care

A ACCOUNTABILITY

- We take ownership of quality, safety, and ethical standards
- We are responsible for our actions and outcomes

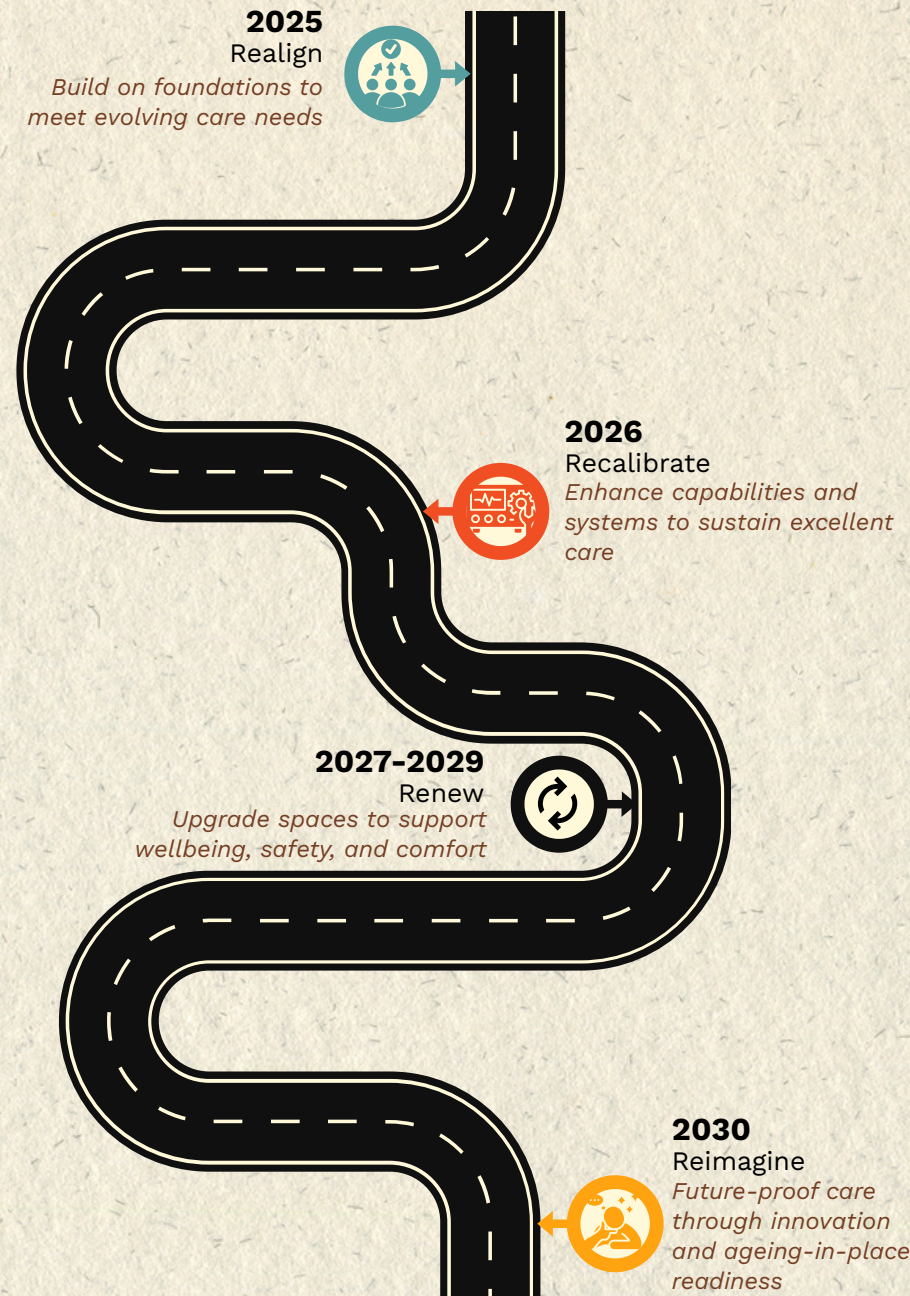
R RESPECT

- We honour dignity and autonomy
- We listen actively, speak up with care, and address concerns early

E EXCELLENCE

- We follow evidence-based practices
- We continuously improve and innovate in dementia care

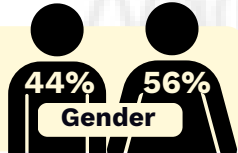
STRATEGIC ROADMAP



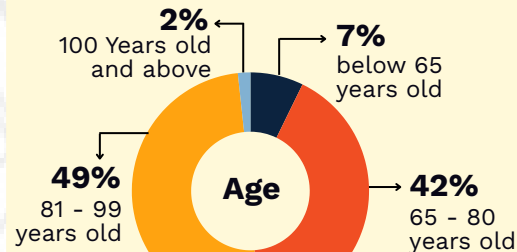
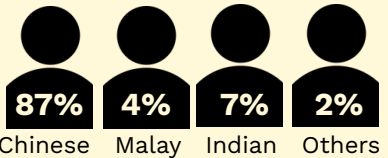
Year in Review

Our Residents

235
Residents



Race



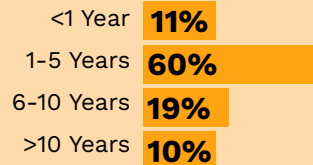
28
Admissions

99% Occupancy Rate

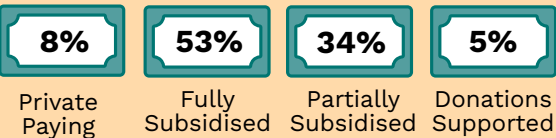
Models of Care Distribution



Length of Stay



Financial Status



2
Non-resident community clients participating in TTW programme

Clinical Outcomes

Compared to 2024, the Lodge achieved...



Resident Satisfaction



2nd
National overall ranking across nursing homes

Our Staff

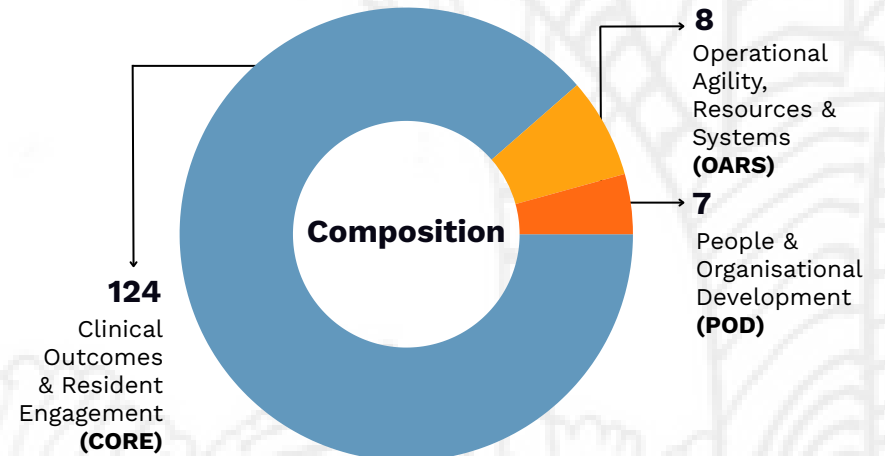
140
Staff



Age Range
20 - 79
years old

Average Age
38
years old

>10 Years at the Lodge
13
staff



CORE

Integrated Care Services

- Nursing: **91**
- Care services: **5**

Psychosocial Services

- Psychology: **5**
- Medical Social Work: **1**

Rehabilitative Therapy

- Art/Music/Nature Therapy: **14**
- Physiotherapy: **8**

Contracted Services

- General Practitioners, Psychogeriatricians
- Speech Therapists, Dietitian, Occupational Therapists, Physiotherapists

ADVANCING CARE & ENGAGEMENT

In advancing care & engagement, the Clinical Outcomes & Resident Engagement (CORE) division continues to lead efforts in driving measurable improvements in residents' health, functional independence, and overall quality of life. Through a comprehensive and holistic approach, CORE integrates clinical care with cognitive stimulation and personalised rehabilitation programmes tailored to each resident's abilities and goals. By combining structured therapeutic interventions with meaningful engagement, the division ensures that care delivery not only addresses medical needs but also supports dignity, purpose, and enhanced wellbeing.

- **Our Models of Care**
 - Assisted Living
 - Supported Living
 - Tender Loving Care
- **Our Programmes Within & Beyond the Lodge**



Artwork by
Mdm Tan Tai Hong

Assisted Living

The Assisted Living Model of Care supports a lifestyle centred on wellbeing, meaningful engagement, and community living. Residents are encouraged to participate in social and creative activities, remain connected with families and the wider community, and enjoy regular interaction with nature. Care plans focus on empowerment and individual strengths, promoting independence and a sense of belonging.



Resident Profile



Mild to moderate dementia



Mostly ambulatory requiring minimal support



Relatively independent in activities of daily living



Strong sense of identity and autonomy

Signature Programmes

Cognitive Stimulation Therapy

Evidence-based cognitive enrichment in a culturally meaningful context

A structured, research-supported programme incorporating culturally adapted themes, including music, games, storytelling, reminiscence, and practical problem-solving. Delivered in small groups or individually to optimise participation and social interaction.

Mindfulness Immersive Nature Therapy

A multisensory, nature-based therapeutic experience

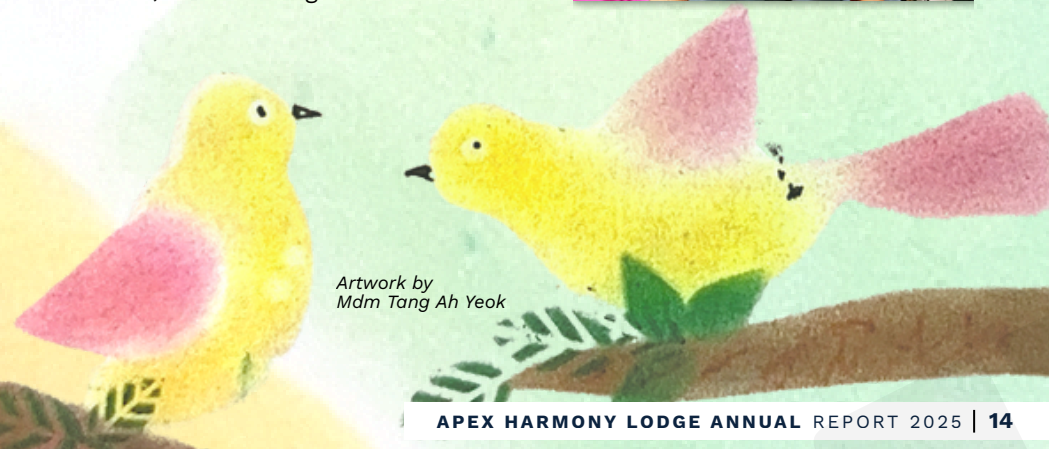
Nature-inspired, guided activities designed to stimulate the senses, calm the mind, and nurture emotional resilience. Each session is thoughtfully tailored to residents' cognitive and physical abilities, strengthening identity, purpose, and social connection.



Hawker Delights

Culinary heritage as therapy and purpose

A celebration of familiar flavours and shared memories, where residents actively participate in menu selection, simple food preparation, and distribution. More than a meal, it is a therapeutic ritual that promotes reminiscence, appetite stimulation, and meaningful social roles.



Artwork by
Mdm Tang Ah Yeok

Spotlight: Mr Michael Tan

Rediscovering Purpose Through Contribution

Michael, a 60-year-old with a diverse vocational background, was welcomed into the Lodge in November 2023. In his early days, Michael experienced adjustment difficulties and attempted to leave the premises on a few occasions. With steady reassurance and consistent support from our multidisciplinary team, Michael familiarised himself with the daily routines and communal living, and began to engage more fully in Lodge life.



“I enjoy going to the TTW programme and any activities outside the Lodge, especially when we get to eat good food. I love gardening and helping the staff — it makes me feel ‘you yong’ (useful).”

Recognising his preference for purposeful activity, Michael was enrolled in the Therapeutic Through Work Programme in January 2024. The initiative introduces variety into his weekly routine, offering opportunities for social interaction and meaningful contribution. Regular outings with fellow residents provide rhythm and predictability, reinforcing a renewed sense of purpose within a supportive community.

Michael enjoys nurturing the Lodge’s gardens. He plays an active role in maintaining the Lily Home Garden and the Central Garden, independently watering plants, removing dried leaves, and tending to vegetables that are later harvested for shared meals.

Beyond horticulture, Michael has embraced additional responsibilities in Lily Home. He willingly assists with minor household tasks and often encourages fellow residents to participate along with him. He prepares simple meals independently and aids in post-dinner clean-up.

Michael has become an active and contributing member of the Apex Harmony Lodge community. His journey affirms the impact of person-centred, strengths-based care — where intentional support enables residents not merely to settle in, but to rediscover purpose, connection, and belonging within the assisted living model of care.



Michael takes pride feeding the koi and in tending to the plants and vegetables at the Lodge.

Supported Living

The Supported Living Model of Care provides consistent and coordinated care for residents requiring enhanced supervision and assistance. Purposeful environmental design such as way-finding and clear stepwise communication strategies collectively supports residents in regaining or maintaining their independence. Care plans promote orientation, familiarity, and enabling residents to do as much as they can at their own pace.



Resident Profile



Moderate to severe dementia



Wheelchair users or ambulates with assistance



Support in activities of daily living required



Preference for simple, structured guidance

Signature Programmes

Joy in Dining with Botanic Beats

Sensory feasting to delight and nurture relationships

Transforms mealtimes into a multisensory experience through live music therapy. Nostalgic tunes uplift mood, stimulate appetite, and encourage residents to engage with peers, and participate in simple percussion activities after meals.

All Star League

Inclusive sports that build movement and camaraderie

A light-hearted platform for adapted sports such as seated hockey and balloon badminton. The programme promotes physical wellness, coordination, and social connection while allowing residents to express healthy competitive spirit in a safe environment.

Melodies United

Rhythm-led movement to activate body and mind

Residents participate in guided seated morning exercises while listening to staff instructions and familiar music through headphones. The programme combines rhythm and movement to support physical activation, focus, and emotional engagement.



Spotlight: Mdm Woo Kim Hian

Rediscovering Comfort and Connection

Mdm Woo Kim Hian, a 87 year old former nanny, joined Apex Harmony Lodge in April 2024. In 2025, her health took a serious turn resulting in repeated hospitalisations. Her familiar smile was replaced by grimaces of pain, and she declined invitations to activities, often citing fatigue and discomfort.



"I enjoy staying at the Lodge. I have so many friends to talk to, and I love going to the garden — especially seeing the chickens and their eggs."

Recognising that recovery involves more than clinical treatment alone, our multidisciplinary team in Daisy Home adopted a personalised, supportive engagement approach. Through consistent daily check-ins, Mdm Woo knew she was always well cared for during her recovery. Activities were tailored to her evolving abilities, allowing her to participate comfortably and at her own pace.



Mdm Woo assisting another resident to spend time in the Central Garden

Gradually, with gentle encouragement, Mdm Woo began re-engaging in the programmes she once enjoyed: Toast Hut, Good Old Days, Intergenerational Bonding Programme @Mosque, Joy in Dining, and All Star League. Slowly but surely, she stayed through entire sessions — and most heartening of all, her familiar smile returned!

Mdm Woo's journey reminds us that with patience, consistency, and tailored support, residents can not only recover but reconnect and reengage with others. Her experience affirms our belief that care grounded in compassion and adaptability can restore comfort, gently rekindle connection, and preserve dignity.

Tender Loving Care

The Tender Loving Care Model of Care offers a compassionate sanctuary for residents at the latter stage of dementia. Grounded in Namaste, palliative, and person-centred care, the environment is intentionally designed to be calm and soothing, featuring simulated skylights, a dedicated Namaste Corner, and a sky terrace. Care plans are designed to meet daily needs in ways that preserve comfort, dignity, and connection.



Resident Profile



Moderate to severe dementia



Wheelchair or bed-bound



Requires 1-2 person support in activities of daily living



Relies on short phrases and sensory-based engagement for communication

Signature Programmes

Loving Touch in Motion

Comfort through gentle motion

Daily passive range-of-motion stretches, accompanied by familiar music and soft light stimulation, help maintain joint flexibility, slow contracture progression, and ease discomfort for bed-bound residents. The programme integrates therapeutic movement with calming sensory input to support physical comfort and emotional wellbeing.

Melody of Touch

Creating music with touch

Through the use of CRDL technology, touch is translated into sound, creating interactive musical responses that foster shared presence and meaningful engagement — regardless of cognitive ability or verbal communication. Each interaction affirms connection beyond words.



Moments in the Sun

Bathing in outdoor serenity

A visit to the sky terrace to experience the warmth of the sun, gentle breezes, and the sound of water flowing from the fountain. These structured interludes offer natural light and simple sensory engagement, supporting comfort and emotional calm for bed-bound residents.



Artwork by
Mr Thomas Lim

Spotlight: Mr Phua Guan Hong

Rediscovering Dignity and Presence

Daddy Phua is a 70-year-old former paper printing factory worker who moved to the Lodge in September 2024. His journey has been marked by vulnerability, resilience, and quiet recovery. Daddy Phua had recurrent chest infections, seizures, and repeated hospitalisations, which led to rapid physical decline and dependence on nasogastric tube feeding. Once known for his warm smiles and cheerful waves, Daddy Phua spent most of his time in bed and gradually withdrew from others.



With a coordinated, multidisciplinary approach, integrating nursing, medical, rehabilitation, and psychosocial care, Daddy Phua's care plan was continually adjusted and tailored to his evolving needs. Daily passive range-of-motion therapy was introduced to preserve mobility, prevent new contractures, and support circulation. These sessions were not merely clinical routines but intentional, gentle moments to restore comfort and support Daddy Phua in gradually spending more time out of bed.

Over the course of 2025, meaningful improvements became evident. Daddy Phua was successfully weaned off tube feeding and returned to sharing meals with friends. He is now able to spend more time in the living room of Bluestar Home, participating in daily programmes, and interacting with staff and fellow residents. His gentle smile and familiar wave have re-emerged, alongside improved alertness and frequent, meaningful engagement.

Beyond measurable clinical outcomes, Daddy Phua's journey reflects the restoration of dignity, comfort, and connection. His story exemplifies the Lodge's commitment not just to extending years of life, but to adding life to years through thoughtful, person-centred care.



Daddy Phua receiving passive range of motion therapy to preserve range of motion and reduce the rate of contracture formation.



Daddy Phua engages with a specially crafted book of Singapore's history, revisiting familiar sites, foods, and currencies through reminiscence therapy to stimulate memory and sensory connection.

Our Programmes Within & Beyond the Lodge

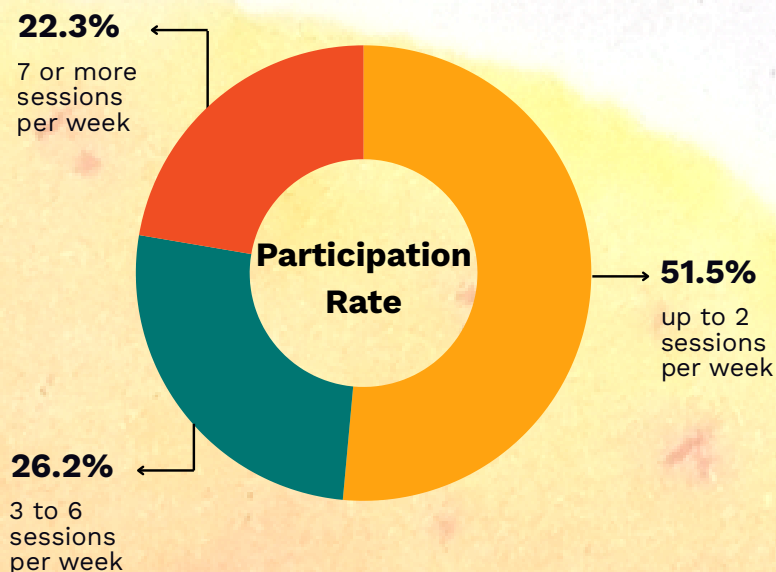
Resident Engagements within the Lodge

Gardens, Chan Kum Leong Club, Homes

Surrounded by lush greenery, Apex Harmony Lodge is committed to providing nurturing and safe spaces for residents living with dementia. Residents are encouraged to step beyond their rooms, participate in activities they enjoy, and remain connected with one another. In the gardens, access to fresh air, sunlight, and nature offers comfort while supporting physical wellbeing, emotional ease, and social interaction.

Indoors, thoughtfully designed safe spaces include the Chan Kum Leong Club, shared common areas, and our seven wards — affectionately known as Homes — where residents spend much of their time. The Club serves as a shared wellness space grounded in person-centred care and mindful living, bringing together residents from different Homes, families, staff, volunteers, and community partners in an environment that supports learning, self-expression, and meaningful engagement.

Our Rehabilitative Programmes



Brain Boosters

Grounded in evidence-informed practice, programmes such as Good Old Days and *Cognitive Stimulation Therapy (CST)* support memory, communication, problem-solving, and social engagement. In 2025, the Lodge partnered community clinical psychologists to pilot a structured 14-session CST curriculum over seven weeks. Following encouraging outcomes, CST will be further embedded into regular programming in 2026 to sustain cognitive support across the Lodge.

Masak Kaki

Masak Kaki honours residents' culinary identities by creating purposeful food and beverage experiences rooted in lifelong skills and memories. Through initiatives such as *Nostalgic Sips* and *From Farm to Table*, participants contribute actively while reconnecting with familiar roles. The programme strengthens dignity, social participation, and intergenerational storytelling through food.

Golden Symphony

Rhythmix and *Circle of Life* anchor the Lodge's music collective, promoting active participation through singing, rhythm, and simple instrumentation. Regular rehearsals and performances support emotional expression, cognitive stimulation, and social connection. By positioning residents as contributors rather than passive recipients, the programmes foster confidence, belonging, and shared achievement within the community.



Mindful Masterstroke

Programmes under Mindful Masterstroke allow residents creative and reflective expression through poetry appreciation and guided art experiences, including *Nagomi Art*, *Tangled Art*, and *Brush of Life*. These sessions support calm focus, emotional processing, and sensory engagement. The programme reinforces psychological wellbeing through creativity that is both accessible and purposeful.



Rest and Relax

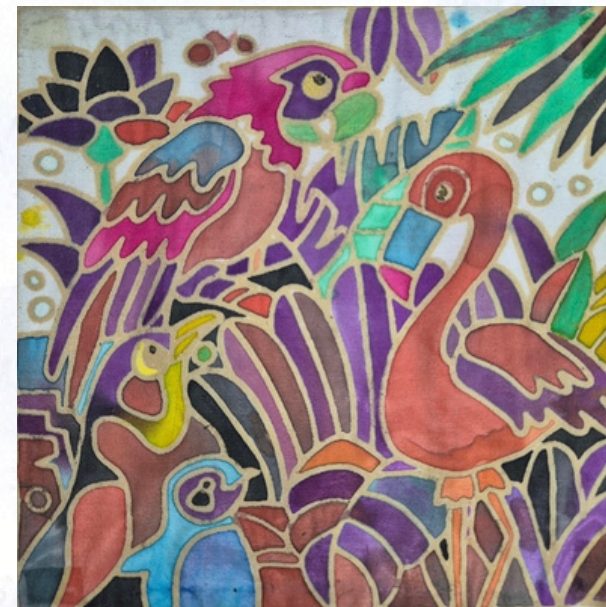
Rest and Relax complements active programming with restorative experiences tailored to residents requiring lower stimulation. Through initiatives such as *Namaste Care* and *Bingo*, residents experience comfort, sensory reassurance, and gentle social connection. These programmes underscore the Lodge's commitment to holistic care across varying cognitive and functional stages.

Fun and Fit

Fun and Fit integrate movement, music, and exercise to promote mobility, balance, and cardiovascular health. Activities such as *Tai Chi*, *Zumba*, *Chair Yoga*, and *All-Star League* are adapted to varying functional levels to ensure safe participation. The programme supports fall prevention, physical resilience, and sustained functional independence.

"The most meaningful moments are when I see small functional gains translate into real-life confidence [in residents] — standing taller, reacting quicker, participating more actively! Fun and Fit reminds me that purposeful movement can truly transform quality of life."

- Exercise Therapist Hifzil



Artwork by
Mdm Sim Siew Lang

Therapy Through Work

Since 2014, Therapy Through Work (TTW) has been offering persons living with dementia purposeful engagement, both within the Lodge and in the wider community. TTW transforms everyday activities into therapeutic opportunities that support physical health, cognitive stimulation, emotional wellbeing, and social connection. By providing opportunities for residents to contribute through familiar tasks, make meaningful choices, and collaborate with peers, the programme fosters confidence, autonomy, and a sense of belonging.

Residents consistently demonstrate motivation, pride, and anticipation toward TTW. TTW at the Lodge, include gardening and harvesting, sweeping of leaves, laundry and meal transport. TTW beyond the Lodge campus, at a commercial laundry site, is our signature programme. Residents who wish to participate in this weekly off-campus programme with our long-standing partner, Orchid Laundry, first undergo occupational therapy and physiotherapy assessment to ensure suitability and safety.

Community Engagements and Outreach

Residents regularly participate in purposeful outings, community performances and the Therapy Through Work programme, extending engagement beyond the Lodge's campus. These initiatives create opportunities for residents to contribute, interact and remain connected to the wider community in meaningful ways.

CNY Celebration Performance at Temasek Junior College: 28/01/2025

Our resident band, Rhythmic Legends, delivered a lively and heartwarming performance at Temasek Junior College's CNY celebration. Residents showcased their musical talents with confidence and joy, spreading festive cheer through their dynamic repertoire.



Chingay Performance: 07–08/02/2025

Residents from the Rhythmic Legends proudly represented Apex Harmony Lodge at Chingay performing across two days in Singapore's vibrant community celebration. Their drumming routine, set to contemporary hits, showcased creativity, discipline, and teamwork, highlighting the capacity of persons living with dementia to learn, engage, and contribute meaningfully.



Excursion to Jewel: 16/07/2025

As part of the Little Shepherds' Schoolhouse Intergenerational Bonding Programme, residents and children enjoyed a fun-filled excursion to Jewel Changi Airport. At Canopy Park, they explored together, discovering animals at the Topiary Walk, sketching the Rain Vortex, and admiring the vibrant flowers of the Petal Garden.



Vegetarian Lunch at Tse Tho Aum Temple: 27/07/2025

Residents were warmly invited to the annual vegetarian lunch organised by Tse Tho Aum Temple, for a simple yet meaningful meal together. For one resident, the occasion was especially memorable as he was pleasantly reunited with former colleagues and had the opportunity to revisit familiar surroundings where he used to work at, evoking cherished memories and moments of nostalgia.



Istana Open House Performance: 09/11/2025

Residents took the stage at the Istana Open House, performing an instrumental mashup of traditional Indian, Malay, and Chinese melodies. Weeks of practice, guided by attentive staff, enabled them to perform with confidence, creativity, and composure. Their showcase celebrated Singapore's multicultural heritage while offering residents a meaningful opportunity to connect with the wider community.



Excursion to Singapore Flyer: 16/11/2025

With the generous support of Apex Club of Singapore (City) and the Local Support Group, 22 residents went on a weekend outing to the Singapore Flyer. For certain residents they were experiencing their first community visit in a while. Guided by staff, volunteers, and loved ones, residents explored the landmark, shared stories and laughter, and enjoyed a communal lunch at Segar @ Downtown East.

"I didn't know I could go out and still have so much fun at this age!"

- Nr Ng Sang Yam



Artwork by
Mr Koh Swee Hiong

CULTIVATING CAPABILITY, CULTURE & COMMUNITY

In cultivating capability, culture & community, the People & Organisational Development (POD) division strengthens the Lodge's foundation for sustainable growth. POD builds an empowered workforce through staff engagement, professional development, and retention, while fostering an excellence-driven culture anchored in continuous learning and innovation.

The division also advances strategic partnerships across public, private, and social sectors to co-create resident-centric programmes, pilot research initiatives, and secure diverse funding streams for long-term sustainability.

- **Our Partnerships & Event Highlights**
- **Staff Wellness**
- **Professional Development**



Our Partnerships & Event Highlights

Intergenerational Bonding Programmes

Intergenerational bonding is an established feature of life at the Lodge, reflecting evidence that regular cross-generational interaction supports emotional and social wellbeing for both seniors and children. Residents demonstrate greater social engagement and anticipation of weekly visits, while children develop empathy, patience and a clearer understanding of ageing. Three distinct cornerstone programmes exemplify these shared benefits in action.

United World College South East Asia

2025 commemorates 13 years of collaboration with United World College of South East Asia (UWCSEA) through the Music with Reminiscence programme.

High school students curate and then share personalised playlists drawn from residents' life histories and musical preferences. In one instance, a resident who seldom verbalises began singing along to familiar tunes — a quiet testament to music's ability to unlock memory and encourage self-expression.

This year, the collaboration expanded to include middle school students under the Social, Environmental, Entrepreneurship Development (SEED) programme, enabling residents to visit the UWCSEA East Campus for shared activities. These experiences introduced novelty, stimulation and engagement beyond the Lodge campus.



Little Shepherds' Schoolhouse @ Church of the Holy Trinity

The Lodge marked 10 years of partnership with Little Shepherds' Schoolhouse @ Church of the Holy Trinity through the Intergenerational Bonding Programme (IGBP).

Integrated into the preschool curriculum, the IGBP adopts a multi-sensory and mindfulness-based approach that nurtures empathy and connection between the elderly and children. Weekly sessions foster anticipation and social engagements. Parents of the preschoolers have shared that their children are more at ease interacting with their grandparents.

A highlight each year is the IGBP Graduation, where residents and K2 pupils perform together. In 2025, after weeks of rehearsal, they presented "Best Day of My Life" and "Try Everything," celebrating the friendships formed across generations.



Masjid Al-Istighfar Kindergarten

The Intergenerational Bonding Programme (IGBP) with Masjid Al-Istighfar marks our 9 years of valued partnership. Held alternately every two weeks between the Mosque and the Lodge, sessions create consistent and meaningful touchpoints for connection.

One of the most heartwarming moments is hearing residents converse in Malay with the children; abilities that are rarely expressed in daily settings emerge naturally in these interactions, sparking pride, confidence, and joy. Residents are especially excited when sessions are held at the Mosque, embracing the cultural familiarity and the meaningful opportunity to engage with the younger generation.



Sing Out Loud! with Esplanade

Sing Out Loud! returned through a heartfelt collaboration between Apex Harmony Lodge and Esplanade – Theatres on the Bay, bringing residents back into the joy of communal music-making.

The programme ran in two cycles — May and October — comprising eight guided singing sessions facilitated by professional artists and supported by Esplanade volunteers. Together, they created an encouraging environment that fostered confidence, connection and self-expression.

Each cycle culminated in a graduation performance at the Esplanade Recital Studio, attended by nearly 80 guests including family members, partners, residents and staff. For many, it was their first experience performing in a professional arts venue — a milestone remembered long after the applause faded.



Residents performed beloved favourites such as Tian Mi Mi, Rasa Sayang and Mei Jiu Jia Ka Fei, with several taking on solo segments. The celebration concluded with a certificate presentation, where family members were invited on stage to honour their loved ones.



Expressions from the HeART with Tampines Regional Library

Building on last year's successful showcase at Pasir Ris Library, Apex Harmony Lodge presented Expressions from the HeART at Tampines Regional Library, with a month-long installation at Level 2 throughout June 2025.

The exhibition featured a diverse collection of resident-created works, including Nagomi Art, Tangle Art and poetry. Each piece reflected individuality, imagination and lived experience — offering visitors a meaningful glimpse into the creative spirit of our residents.



Staff and family members were invited to experience the showcase, celebrating achievements and affirming residents' artistic journeys. By providing this public platform, the Lodge continues to nurture confidence, strengthen family bonds and foster connection with the wider community.



Alzheimer's Action Day 2025

In conjunction with World Alzheimer's Month in September, the Lodge held its signature Alzheimer's Action Day on 20 September 2025 (AAD 2025). The day was filled with laughter, music and meaningful moments as we welcomed families, partners, donors, Management Committee members and friends to celebrate and reaffirm our shared commitment to supporting and advocating for persons living with dementia.

Anchored by the theme "Inclusivity: Our Journey Together", AAD 2025 reminded us that no one walks this journey alone. Guests enjoyed heartwarming performances by our residents, who proudly showcased their talents through music, while families beamed as they cheered on their loved ones. Guests also joined in the fun through an interactive dementia trivia quiz.

Another highlight was the opportunity for guests to learn more about our different models of care through signature activities such as Melody of Touch and Nostalgic Sips. Residents also demonstrated their culinary flair by preparing traditional Soon Kueh, giving guests a chance to savour dishes lovingly made by our residents.

AAD 2025 was a multifaceted celebration that not only showcased the capabilities of persons living with dementia but also created meaningful opportunities for connection and shared experiences. It reinforced our dedication to person-centred care and to building an inclusive community.



Staff Wellness

We recognise that the quality of care we provide is grounded in the wellbeing of our staff. Within a fast-paced care environment, we intentionally create opportunities for appreciation, connection, and renewal to support staff morale and sustain engagement.

Our staff wellness efforts foster a culture of belonging, recognition, and teamwork, enabling staff to recharge and remain connected to a shared sense of purpose. By prioritising staff wellbeing, we strengthen organisational resilience, cultivate a supportive workplace culture, and sustain the compassionate professionalism that underpins quality person-centred care.

- 10/1–3/10/25: Twice a Month Mindfulness Group Practice
- 14/01–17/12/25: Monthly Birthday Lunches
- 25/3/25–20/5/25: Finding Peace Mindfulness Course (8 weeks)
- 07/04/25: Townhall & Award Ceremony
- 15/08/25: Nurses Day Celebration- special lunch and goodie bags gift
- 29/09/25: Staff Photo Contest - Winners announced at Comm Care Day
- 13–24/10/25: Staff Flu Immunisation Exercise
- 29/10/25: AIC Community Care Day - Kombi Van with goodies and prizes
- 05/11/25: Weekly National Cuisine launch featuring national dishes
- 07/11/25: Staff Photo Contest - Winners announced at Year End Party
- 14/11/25: Townhall & Award Ceremony
- 21/11/25: Staff BBQ @Pasir Park
- 26–28/11/25: Spring Cleaning Exercise
- 26/11–17/12/25: Weekly Fun & Fitness for Staff
- 12/12/25: End of Year Talent Show & Party

“The mindfulness course taught me to slow down, truly listen, and respond with empathy rather than urgency. It helps me stay present, patient, and compassionate—remembering that residents never lose their need for connection and respect.”

- Enrolled Nurse Nerissa



Monthly Birthday Lunches



AIC Community Care Day



Townhall & Award Ceremony



Weekly Fun & Fitness for Staff

Professional Development

A key priority in building a capable, confident, and future-ready workforce. We invest in structured training, mentorship, and career development to strengthen professional competencies and leadership capacity across the organisation.

Staff are supported from onboarding through clear induction, mentoring, and coaching frameworks that establish strong foundations for practice. These efforts enable teams to deliver care with consistency, empathy, and professionalism while strengthening organisational capability and sustaining high standards of person-centred care.

Training Our Staff

Clinical Training

Career Conversion Programme for Registered Nurses (Diploma): **1**

Grieving Process
2

Clinical Preceptorship
2

Clinical Quality Assurance
2

Dementia Care Mapping
4

Advanced Care Planning / Preferred Plan of Care
9

Inter-Resident Assessment Instrument (InterRAI)
12

Institute of Technical Education Skills Certificate in Healthcare
15

Certificate of Competency for Medications
19

Food Hygiene
21

Basic Cardiac Life Support & Automated External Defibrillator
108

Leadership Development & Safety Training

- 22/10–17/12/25: Bi-weekly Learning & Jamming: **16 nurses / session**
- 28–30/10/25: Mini Strategic Planning: **13 staff**
- 24/11/25: Self-DiSCovery: **18 staff**
- 5–6/12/25: Self-Defence: **60 staff**
- 17 & 20/11/25: Fire Extinguisher: **133 staff**
- Fire Safety Training (CERT Level 2, SMC/SIC): **7 staff**



Training Others

- NTU Master of Science in Applied Gerontology
 - AG6308 Mental Health in Later Life (3h session): **30 participants**
- Continuing Education and Training: Temasek Polytechnic
 - GSF1907 Mental Health & Dementia Management (16 weeks): **13 students**
- Pre-Employment Training: Temasek Polytechnic
 - GEM2194 Mental Health & Dementia Management (16 weeks): **43 students**
- Internship Clinical Programmes
 - Temasek Polytechnic Psychology (16 weeks): **1 student**
 - Temasek Polytechnic Gerontology (16 weeks): **2 students**
 - Nanyang Polytechnic AI & Data Engineering (24 weeks): **2 students**
 - Institute of Technical Education Community Care & Social Services (10 weeks): **8 students**



STRENGTHENING SYSTEMS & STEWARDSHIP

In strengthening Systems & Safeguarding Stewardship, the Operational Agility, Resources & Systems (OARS) division reinforces the Lodge's operational backbone. OARS drives dynamic efficiency through fiscal prudence, sustainable infrastructure, and streamlined workflows, ensuring resources are optimised responsibly. By implementing innovative, tech-enabled systems, the division enhances clinical precision while reducing administrative load. OARS also cultivates strategic cross-sector alliances to secure diverse funding streams and shared resources, safeguarding long-term programme and financial sustainability.

- **Governance & Compliance**
- **Committees**
- **Senior Management & Organisational Structure**
- **Financial Statements**



Governance & Compliance

Apex Harmony Lodge is committed to lawful and ethical conduct across all activities. Members of the Management Committee, employees, and volunteers are required to comply with applicable laws, regulations, and internal policies. The Lodge adheres to the Code of Governance for Charities and IPCs, and its Governance Evaluation Checklist is available on the Charity Portal www.charities.gov.sg.

Reserves Policy

The Lodge maintains a Reserves Policy to guide the prudent management of funds available for operating purposes, excluding Restricted Funds designated for specific uses. The Management Committee ensures sufficient liquidity to meet annual operating expenditure. As at year-end, General Fund reserves of \$10.8 million are assessed to be adequate to support the Lodge's operating needs for the coming year.

Fund Designation

Building Fund

Established in 2014 through a \$6.4 million designation from the General Fund for future building replacement. During the financial year, this fund grew by \$1.08 million, bringing the fund balance from \$15.1m in 2024 to \$16.2 million in 2025. The Building Fund remains unrestricted.

Lodge Upgrade Fund

In 2024, the Lodge designated \$3 million designation from the General Fund to enhance facilities and operations. The fund remains unrestricted.

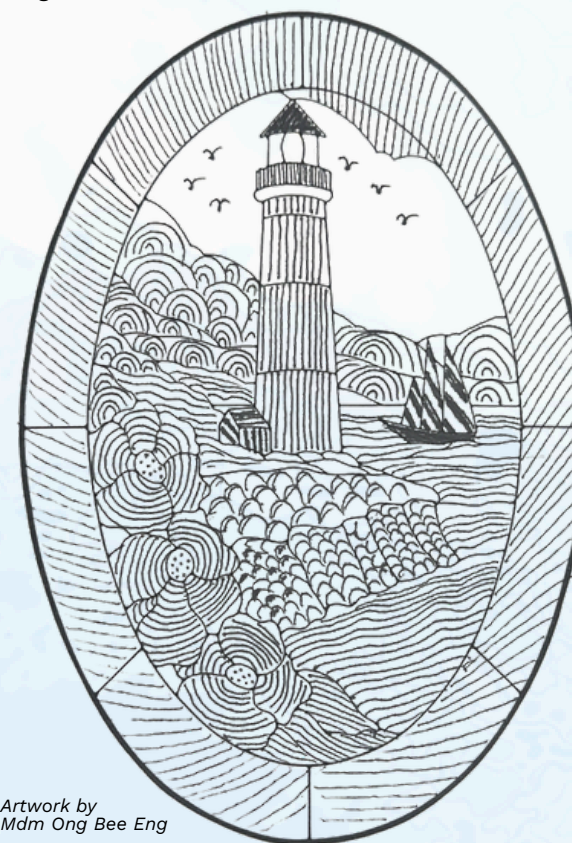
Restricted Fund

Restricted Fund amounting to about \$4.6 million comprise of grants and donations designated for specific purposes, including support from the Sayang Sayang Fund, related Community Silver Trust (CST) matching grants, Financial Assistance Scheme (FAS), Medifund, and Asset Capitalisation Reserve.

Constitution

The Lodge is governed by a constitution approved by the Registrar of Societies and the Commissioner of Charities, Singapore. Any amendments to the Constitution require approval from the Lodge's members, as well as both regulatory authorities, before taking effect. Constitutional amendments in 2025 include:

- Expanded service scope to include community-based services
- Enabled co-option of Management Committee members to fill vacancies
- Allowed meeting participation via electronic means
- Five-term limit for office bearers, unless otherwise approved at the Annual General Meeting



Artwork by
Mdm Ong Bee Eng

Committees

Management Committee

The Management Committee provides strategic direction to ensure Apex Harmony Lodge delivers high-quality, person-centred care for people living with dementia, while upholding strong governance and prudent management. Working in partnership with the CEO and Senior Management team, the Management Committee offers constructive guidance, review, and oversight aligned with the Lodge's vision, mission and values. Comprising 12 independent members with diverse expertise across finance, medicine, law, strategy, and technology, the Management Committee met five times in 2025 to support the Lodge's stewardship and progress.

NAME	WEF	DESIGNATION	ATTENDANCE
Mr Gan Boon Jin (Chairperson)	30/03/2017	Ex Group Chief Sustainability Officer	5/5
Ms Marilyn Lim (Vice-Chairperson)	24/03/2023	Ex Senior Legal Claims Officer	5/5
Mr Kang Hak Leng* (Secretary)	19/05/1995	Director	5/5
Mr Soo Hon Weng, Wayne (Treasurer)	30/03/2023	Accountant	5/5
Mr Malcolm Loh (Assistant Treasurer)	24/03/2023	Accountant	4/5
Mr Au Seng Lye	24/03/2023	Engineer	2/5
Ms Chen Hui Wen	12/06/2020	Senior Project Manager	4/5
Dr Christopher Lien	07/09/2023	Geriatrician	5/5
Mr Leow Tze Wen	30/03/2017	Director	4/5
Mr Lim Wei Liang, James	29/03/2019	Fund Manager	4/5
Mr Mathavan Devadas	27/03/2013	Lawyer	0/5
Mr Tan Cheong Hoe, Charles	30/03/2017	Managing Director	4/5

*Except for Mr Kang Hak Leng, no member has served on the Management Committee for more than 15 years. Mr Kang Hak Leng's continued service beyond 5 terms provides important continuity, institutional memory, and stability to support the Lodge's smooth and effective governance.

Sub-Committees and Other Committees

Human Resources Sub-Committee

The Human Resources Sub-Committee supports the Management Committee in shaping and reviewing strategies and policies to attract, develop, and retain talent in alignment with the Lodge's objectives. It provides oversight of key areas including recruitment, remuneration, training, performance management, succession planning, and fair disciplinary and separation processes.

Mr Gan Boon Jin (Chairperson)

Ms Marilyn Lim

Ms Molly Teo

Medical Advisory Sub-Committee

The Medical Advisory Committee supports the Management Committee in ensuring high-quality medical care aligned with professional, ethical, and regulatory standards. It advises on clinical policies, medical matters, and the development and review of care protocols and outcome measures, ensuring alignment with MOH requirements.

Dr Christopher Lien (Chairperson)

Dr Winston Hwang

Dr Tew Chee Wee

Ms Anuradha Kaliappan

Mr Thanikodi Siva Guru*

Ms Zaylea Kua Zhong Jie

*Appointment ceased Sep 2025



Artwork by
Mr Lee Heng Hew

Medifund Committee

The MediFund Committee manages the fund's utilisation, with key responsibilities including reviewing and approving assistance applications for eligible residents in accordance with MOH guidelines. The Committee also authorises and administers payments from the Lodge's MediFund account.

Mr Ng Ham Heng, Peter (*Chairperson*)

Mr Tan Gim Kuay, Michael

Ms Lai Chiew Hiang, Irene

Mr Ng Hoon Hwee

Mr Woo Sui Kee

Financial Assistance Scheme Committee

The Financial Assistance Scheme provides subsidised medical bill support to eligible Permanent Residents holding a Medical Fee Exemption Card or on ComCare Long-Term Assistance. The Financial Assistance Scheme Committee reviews applications and approves funding, with disbursements made from the Lodge's Financial Assistance Scheme Account.

Mr Ng Ham Heng, Peter (*Chairperson*)

Mr Tan Gim Kuay, Michael

Ms Lai Chiew Hiang, Irene

Mr Ng Hoon Hwee

Mr Woo Sui Kee

Audit Sub-Committee

The Audit Sub-Committee provides independent oversight of external and internal audits, assuring sound governance, financial reporting, and operational integrity. It reviews audit findings, monitors management's follow-up actions, and ensures compliance with established procedures and regulatory requirements.

Mr Kang Hak Leng (*Chairperson*)

Mr Soo Hon Weng, Wayne

Mr Leow Tze Wen

Information and Technology (IT) Sub-Committee

The Information and Technology Sub-Committee provides strategic oversight of major IT initiatives, ensuring alignment with the Lodge's infrastructure, operational, and compliance needs. It advises on IT strategy in line with industry best practices and emerging technologies, and reviews key proposals to ensure robustness and sustainability. The Committee also guides IT policy development, including cybersecurity and regulatory compliance.

Mr Gan Boon Jin (*Chairperson*)

Mr Tay Beng Hwee (*Co-Chairperson*)

Mr Malcolm Loh

Mr Tan Cheong Hoe, Charles

Mr Tan Soon Chwee

Renovation Sub-Committee

The Renovation Sub-Committee oversees major renovation projects to ensure robust planning, prudent budgeting, and alignment with the Lodge's current and future needs. It reviews and advises on consultant selection, proposals, and budgets. The Committee guides the renovation process from request for proposal and tender through to construction completion.

Mr Gan Boon Jin (*Chairperson*)

Mr Kang Hak Leng

Ms Chen Hui Wen

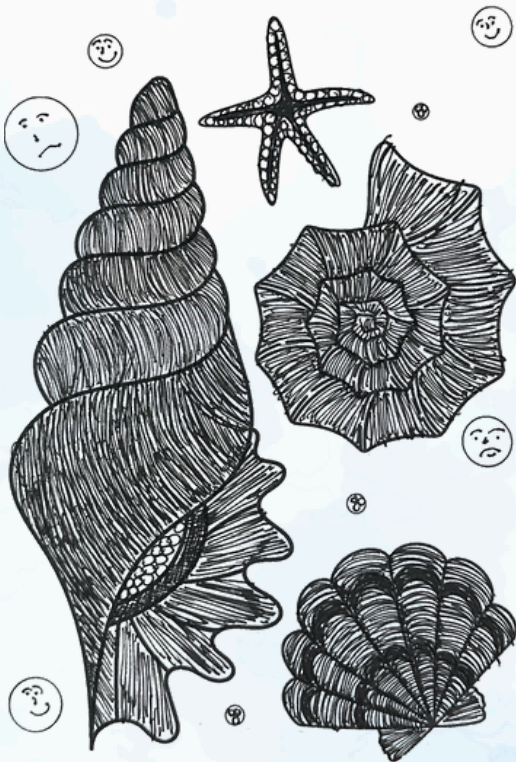
Mr Woo Sui Kee



Artwork by
Mr Kajehpathy S/O Narayanansamy

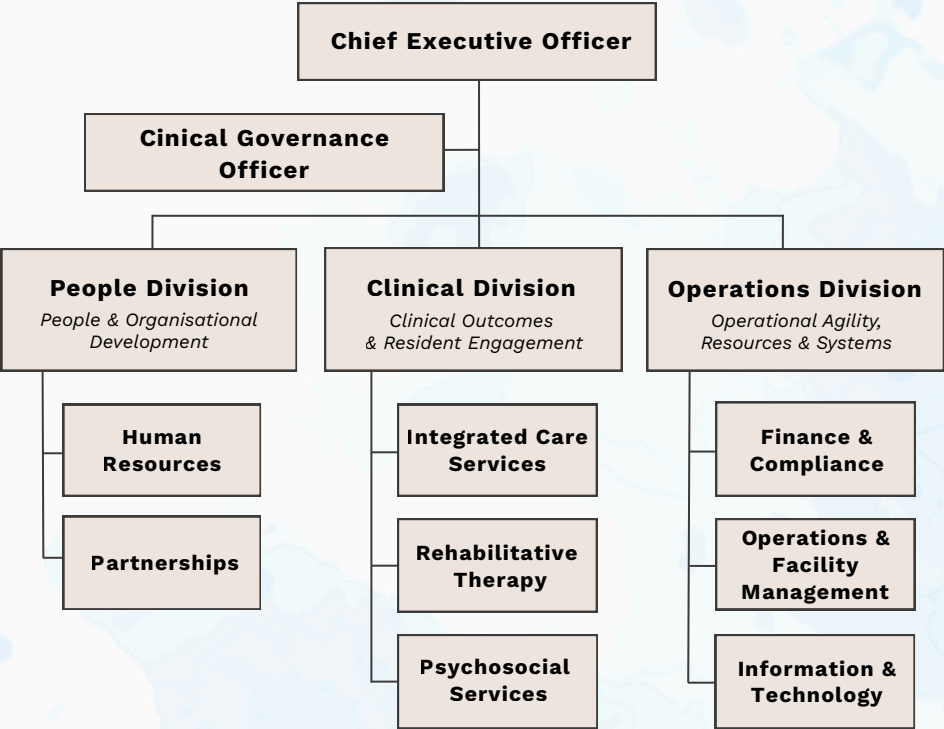
Senior Management

NAME	APPOINTMENT	WEF
Dr Daphne Yee	Chief Executive Officer	3 Jun 2025
Ms Ng Keng Ling	Head of Organisational Enablement (Operations Division)	1 Jul 2025
Dr Tiew Lay Hwa	Head of Nursing (Clinical Division)	15 Aug 2025
Dr Winston Hwang	Clinical Governance Officer	7 Jan 2025



Artwork by
Mr Let Hwa Khoo

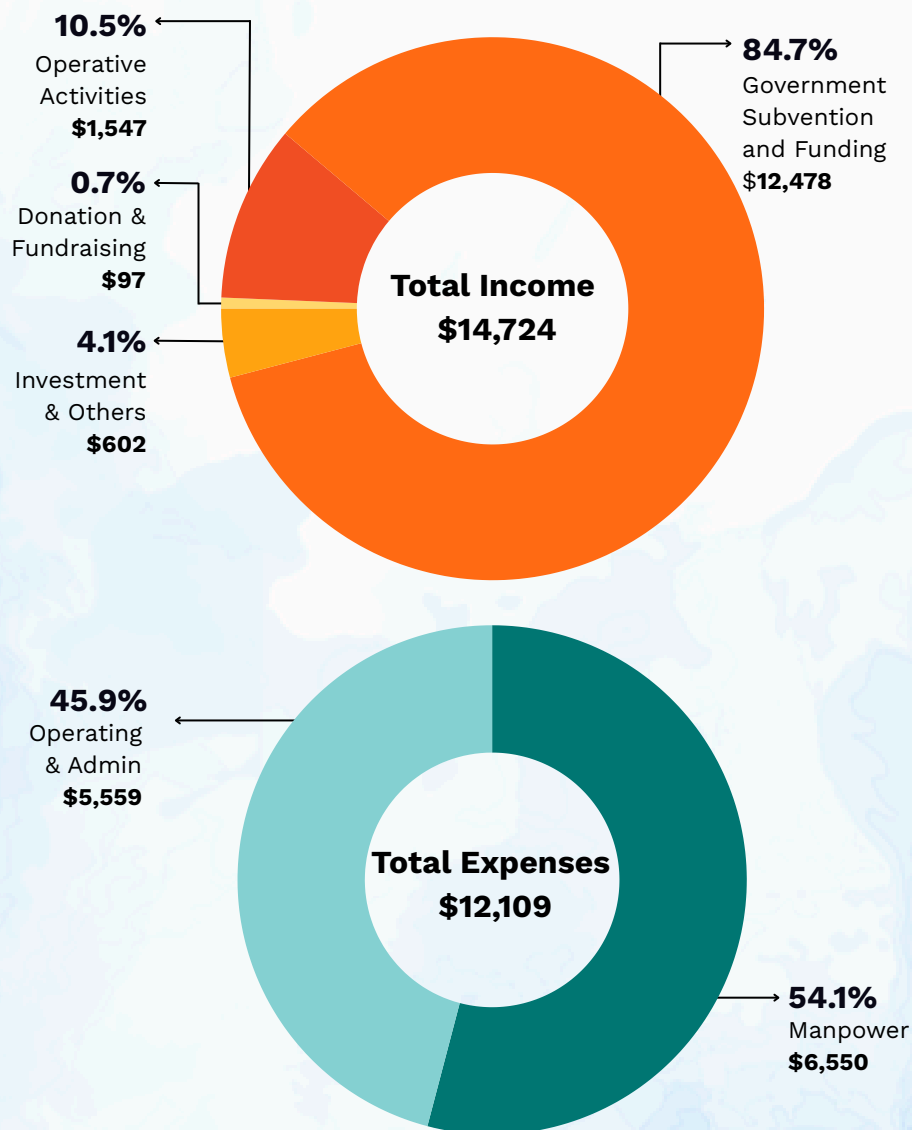
Organisational Structure



Summary

Financial Statements

Income and expenses for year ending 31 Dec 2025 (\$'000)



Summary

Financial Statements

For year ending 31 Dec 2025

	(\$'000) 2025	(\$'000) 2024
Statement of Financial Position		
Non-current assets	3,832	5,545
Current assets	37,812	34,997
Total assets	41,644	40,542
Non-current liabilities	606	1,182
Current liabilities	2,446	3,113
Total liabilities	3,052	4,295
Net total assets	38,592	36,247

Statement of Financial Activities

Income

Donation and fundraising	97	6,857
Income from operating activities	1,547	1,596
Subvention and funding from government	12,478	13,452
Investment & other income	602	765
Total	14,724	22,670

Expenses

Manpower costs	6,550	6,056
Operating and admin costs	5,559	5,386
Total	12,109	11,442

Surplus

	2,615	11,442
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Statement of Changes in Accumulated Fund

Balance as at 1 Jan	36,247	26,189
Surplus	2,615	11,228
Grant received retained in restricted reserve	1,931	1,025
Utilisation of restricted fund recorded as income in general fund	-2,201	-2,195
Balance as at 31 Dec	38,592	36,247

Statement of Cash Flows

Net cash effect of operating activities	1,948	7,896
Net cash effect of investment activities	475	515
Net cash effect of financing activities	-552	-551
Net change in cash and cash equivalent	1,871	7,860
Cash and cash equivalent as at 1 Jan	29,891	22,031
Cash and cash equivalent as at 31 Dec	31,762	29,891

The full set of audited financial statements is available at www.apexharmony.org.sg

OUR SUPPORTERS

The Lodge extends gratitude to all supporters - donors, volunteers, and partners – for dedicating, time, resources, and compassion to caring for lives affected by dementia. Your contributions enables persons living with dementia to thrive in environments that prioritise Compassion, Accountability, Respect, and Excellence.

- **Donations-in-Cash**
- **Donations-in-Kind**
- **Volunteers**
- **Your Gift Fuels Our Mission**



Spotlight: Mr William Ho

Our First Apex Club* Member Resident at the Lodge

Mr William, an 80-year-old gentleman, was born in Johor and later moved to Singapore for his primary education. A dedicated Civil Engineer by profession, he contributed to infrastructure development across several countries, including Bangladesh, reflecting a lifetime of resilience, purpose, and service.



“I feel most comforted when my needs are attended to promptly, especially during personal care, because it reassures me that I am cared for. I also appreciate my regular exercise sessions, as they help me work towards my goal of walking independently again.”

*The Apex Club is a non-profit, non-political and non-sectarian volunteer-based community service organisation. Its service focus is helping the needy and underprivileged in the society. The Club has its origin in Australia and the first Apex Club in Singapore was formed in 1956.

Often described as a “lone ranger,” Mr William prefers quiet companionship and keeps mostly to himself, yet remains warm and easy-going with those he trusts. He holds a special place in our community as he has served more than 40 years as a volunteer and member of Apex. He is the very first member of the Apex Club to reside at Apex Harmony Lodge. His presence reflects the deep connection between Apex members and the Lodge, and his journey continues to inspire both staff and residents alike.

Upon admission, Mr William was bedbound, withdrawn, and not participating in activities. Through consistent encouragement, resident engagement, and the compassionate support of our care team, he gradually began joining rehabilitation sessions three times a week. Over time, his progress has been remarkable — from being fully bedbound to now being able to sit in a wheelchair and even walk short distances with staff assistance. This journey reflects not only physical recovery, but also renewed confidence and dignity.

Mr William also faced challenges with diabetes, with periods of unstable blood sugar levels that caused him significant worry and frustration. Through close monitoring and the coordinated efforts of the multidisciplinary team, alongside strong involvement from his son, his blood sugar levels have since stabilised.

Beyond his clinical progress, Mr William finds joy in music and especially enjoys playing the CRDL instrument, which brings moments of calm, familiarity, and emotional comfort. Today, his journey stands as a meaningful example of how person-centred care, family partnership, and unwavering staff dedication can restore not just function, but also hope, identity, and a sense of belonging.



Where words are few, music fills the space for Mr William through the soothing sounds of the CRDL.



Treasured mementos of Mr William's long-standing membership with the Apex Club — keepsakes he continues to hold close to his heart to this day.

Donations-in-Cash

Organisations

Alpstar Management Services Pte Ltd
Apex Club of Singapore (City)
Giving.SG
LEAP Foundation
Leng Hiang Catering

NBE International Pte Ltd
Orchid Laundry
Republic of Singapore Air Force
The UK Online Giving

Individuals

Abb
Abhishek Hemant Kothari
Albert Cheng Jin Fu
Beh Lian Yong
Carolans Shiow
Chan Hoi Shan
Chan Peck Lim
Chan Pei Gee
Chan Ruey Chyi
Chan Wee Yang
Chang Kian Seng
Chee Yee Tswn
Chen Jee Mun
Chen Zhen Hao
Chen Zhiyong Dennis
Cheng Min
Chew Wen Yan, Edith
Chia Hui Dih
Chia Weng Cheong
Chiang Kit Won
Chow Qin Ying
Chua Ching Hwee
Chua Soo Eng
Chua Wee Phan
Darren Lee Guo Qiang
Diana Tan
Dr Eu Oy Chu
Dr Hwang Teng Ben Winston
Ee Chye Hua
Emmalene Ng Pei Yi
Elsi
Eugene Chong
Fong Kok Weng
Foo Meng Jen Ian
Francis Goh Guo Ming

Gan Eng Hui, Eddie
Gay Ching Lun, Patrick
Gian Xiu En
Goh Hui Sing
Goh Kok Hwee, Frankie
Goh Qian Ying
Goh Yihui
Grace Neo
He Zixiang, Eddy
Ho Ming Hui, Grace
HT
Janice Liong Po-Lynn
Jessie
Joe Cheah
Joyce Yeo Shuihui
Koh Kai Jie Jeremy
Koh Yu Ting
Labastida Michael
Lai Yuen Ling
Lamkull Petra
Lee Cheoung Wee
Lee Chong Wee
Lee Jin Da, Junio
Lee Kean Tee
Lee Man Wei
Lee Wan Hua
Leong Siew Loon
Leong Suet Fen
Lim Fei Huang
Lim Jun Yi
Lim Seow Yen
Lim Siew Hiang, Eunice
Lim Songlen, Geraldine
Lim Teck Chai, Danny
Lim Wan Yee Zon

Lim Wen Si
Lim Xuan Jie
Lim Yeng Peng
Lin Sihua Serena
Lun Jinglan
Lydia Teo
Manchu Shaji
Marcus Lim Yee Yong
Marnelie Gamiao Bunoan
Mohammed Aamir Nakhoda
Mok Chee Keong
Ng Su Li
Ng Weixin
Nyan Fei Ting
Oh Lay See
Oh Siew Ong
Ong Yen Yen, Tracy
Ong Yeow Chon
Peh CY
Phoebe
Png Yee Cheng
Poh Boon Keong
Poh Lay Hua
Rowee
Sam Zhee Mun
San Gee James
Santhosh Gopalakrishna
Sarah Ong
Sarkar Ankit
Schulke
Seah Huat Beng
Seah Jade Wei
See Chiang Yeow
See Loong Choon
Shetti Venkateshmurthy

Sheng Siong
Shia Ping Ngoh
Sia Jia Ling
Sim Ai Cheng
Sim Ee Keng
Sim Yong Chen Kolin
Sin Wilson
Tai Junni
Tan Chiew Yan
Tan Gek Yong
Tan Gim Hwa Adele
Tan Hui Hui
Tan Hwee Yuan
Tan Sihua
Tan Wee Siang
Tan Wei Tong
Tan Weiming, Brian
Tan Wen Li, Melissa
Tan Yew Kong
Tan Yu-Wen
Tang Jia Jing
Tea May Kheng
Teo Hui Qi
Teo Kim Kwee (Zhang Jin)
Teo Su Hwei (Zhang)
The Late Mdm Yap Yip Moy
Thong Chean Hui
Toh Ting Fang
Vinita Arikala
Wang Jingwen
Wee Chin Lau
Wong Hee Ong
Wong Hui Xin
Wong Keng Woon (Huang)
Wong Sheng Zhe Alcide

Wong Shi Qi Aurora
Wong Tew Hong
Wong Yiew Chian, Terence
Xie Zhipeng
Xue Yongdong
Yap Gui Yong
Ye Yingping
Yeow Seow Ling
Yeo Tze Gin, Treize
Yiqian Tan

Donations-in-Kind

Organisations

Aces Care Limited
Bee Sim Foods Pte Ltd
Pasir Ris Secondary School
Rotary Club of Bugis Junction
Rotary Club of Garden City
Rotary Club of Jurong Town
Rotary Club of Marina City
Rotary Club of Singapore East
Rotary Club of Suntec City
Sagaramudha Buddhist Society
Sian Chay Medical Institution
Singapore University of Social Sciences
Tse Tho Aum Temple
United World College Southeast Asia

Individuals

Andrea Foo En Ning
Ang Eng Hock
Chia Boon Huat
Chia Hui Dih
Chin She Long
Chin Qin Min
Chin Yu Ying
Cho Ah Lim
Daniel Lappen
Doris Gay It Lan
Dr Felicia
Eleanor
Eric Yeo Hee Chong
Foo Jak Shing
Hong
James Jordan Tay
Jasmine Lai Hoon Lee
Lay Lan Hua
Lee Jia Jia
Lim Chew
Lim Ee Heah
Lim Qing Rui
Lynn Cheng Noi
Maria Ambrose
Nelly Goh
Ng Beng Seng
Ng Eng Huat
Raymond Loke
Siew Huang
Sim Family
Sim Guet Hong
Sim Swee Koi
Stacy
Wei Fen
William
Wong Yew Chian Terence
Yeo Sook Yi
Yvonne Xie

Volunteers

Organisations

Air Combat Command, Republic of
Singapore Air Force
Apex Club of Singapore (City)
APSN Katong School
Bethesda Pasir Ris Mission Church
East Asia School of Theology
EN Community Services Society
Esplanade Singapore
Faith Community Baptist Church
Firefly Mission / Local Support Group
Givjoy
Jenn and Volunteers Care Group
Pasir Ris Secondary School
Rosa Hairity
Rotary Club of Bugis Junction
Rotary Club of Garden City
Rotary Club of Jurong Town
Rotary Club of Marina City
Rotary Club of Singapore East
Rotary Club of Suntec City
Silver Stars
Singapore Armed Forces
St Anne's Church
ST Engineering E-Services Pte Ltd
Temasek Junior College
The Coolest SG Shibes
United World College of South East Asia
Wong Yew Chian Terence and Family

Individuals

Alwin S Espiritu
Carolans Shiow
Debbie Chng
Doris Lai
Gan Cheng Leai
Haley I'sha Binte Hazli
Huwaidda Binte Abdul Kareem
Ho Soon Huat
James Lim
Khong Yoon Kay
Khor Su Ann
Lai Wai Heng, Laura
Lynn Teo
Tan Sok Oon
Wong Pui In
Yasmin Amelia Binte Mohamed Amir

We sincerely apologise to any sponsors, donors and volunteers whom we may have inadvertently left out. Your contributions are greatly valued and we thank you for your support.



Artwork by
Mr Toh Leong San

Your Gift Fuels Our Mission

At Apex Harmony Lodge, every act of giving helps persons living with dementia experience dignity, comfort, and joy in their everyday lives.

Your contribution supports person-centred care, meaningful programmes that foster purpose and connection, dementia-friendly spaces that enhance safety and comfort, and the development of well-supported care teams.

Modes of Donation



Paynow
UEN: S95SS0086F



Online Banking
DBS Account: 048-900258-1



Giving.sg
Donate via internet banking or credit card via
<https://www.giving.sg/apex-harmony-lodge>



Cheque Donation
Please issue a crossed cheque payable to
"Apex Harmony Lodge" and mail it to: Apex Harmony
Lodge, 10 Pasir Ris Walk, Singapore 518240



Find out more on
<https://www.apexharmony.org.sg/you-can-help/donate>



CONTACT US

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✉ ahl@apexharmony.org.sg

📘 ApexHarmonyLodge1999